

North Area Council

Darton East, Darton West, Old Town, St Helens

Project Performance Report

Q4 - 2022/23 (January - March 2023)

Support for raising costs of living

May 2023

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April 2022 -
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Community
Grants Summary
Performance
Management
Report

April 2022 -
March 2023

Front cover and photo to the left taken by
Leyla Nayeri
thestoryofyou.co.uk



North Area Council Priorities



Anti Poverty



Improving the local environment



Health & Wellbeing



Economic Regeneration



Opportunities for young people



Changing the relationship

Contributing to the following Corporate Priorities and Outcomes:

Barnsley - the place of possibilities





















Healthy Barnsley	Learning Barnsley	Growing Barnsley	Sustainable Barnsley
People are safe and feel safe	People have the opportunities for lifelong learning and developing new skills including access to apprenticeships	Business start ups and existing local businesses are supported to grow and attract new investment, providing opportunities	People live in great places, are recycling more and wasting less, feel connected and valued in their community.
People live independently with good physical and mental health for as long as possible	Children and young people achieve the best outcomes through improved educational achievement and attainment	People have a welcoming safe and enjoyable town centre and physical towns as destinations for work, shopping leisure and culture	Our heritage and green spaces are promoted for all people to enjoy
We have reduced inequalities in health and income across the borough	People have access to early help and support	People are supported to have safe, warm sustainable homes	Fossil fuels are being replaced by affordable and sustainable energy and people are able to enjoy more cycling and walking

Enabling Barnsley

We are a modern, inclusive, efficient, productive and high-performing council

Contractual Overview

Table 1 below shows the Providers that have now been appointed to deliver a series of services that address the priorities and deliver the outcomes and social value objectives for the North Area Council.

Service	Priorities	Provider	Contract Value (per year)	Start Date	Updates
Anti Poverty Outreach Page 8	 Economic Regeneration  Health & Wellbeing  Anti Poverty	 	£190,000 2 years (+1 year)	14th September 2017	Contract Live Contract extended
Environmental Education Page 14	 Improving the environment  Health & Wellbeing  Young People		£169,932 2 years (+1 year)	1st April 2021	Contract ended on 31/05/23
Economic Regeneration	 Improving the local economy				Current gap in provision
Housing & Cohesion Officer Page 23	 Improving the environment  Changing the Relationship  Economic Regeneration  Anti Poverty  Health & Wellbeing		£35,500 12 month contract	19th October 2020	Post currently vacant
Youth Resilience Page 25	 Improving the environment  Health & Wellbeing  Young People		£90,000 2 years (+1yr)	1st November 2020	Funding confirmed until 31/10/2024

**Our Council Plan
2021 -2024**

COMMISSIONS

Anti-Poverty
Outreach

Environmental
Education

Connecting
Communities

Housing &
Cohesion &
Officer

Social
Inclusion &
Cold Homes

Youth
Resilience

**Healthy
Barnsley**

People are safe and feel safe



People live independently with good physical and mental health for as long as possible



We have reduced inequalities in health and income across the borough



**Growing
Barnsley**

Business start ups and existing local businesses are supported to grow and attract new investment, providing opportunities



People have a welcoming safe and enjoyable town centre and physical towns as destinations for work, shopping leisure and culture



People are supported to have safe, warm sustainable homes



**Learning
Barnsley**

People have the opportunities for lifelong learning and developing new skills including access to apprenticeships



Children and young people achieve the best outcomes through improved educational achievement and attainment



People have access to early help and support



**Sustainable
Barnsley**

People live in great places, are recycling more and wasting less, feel connected and valued in their community.



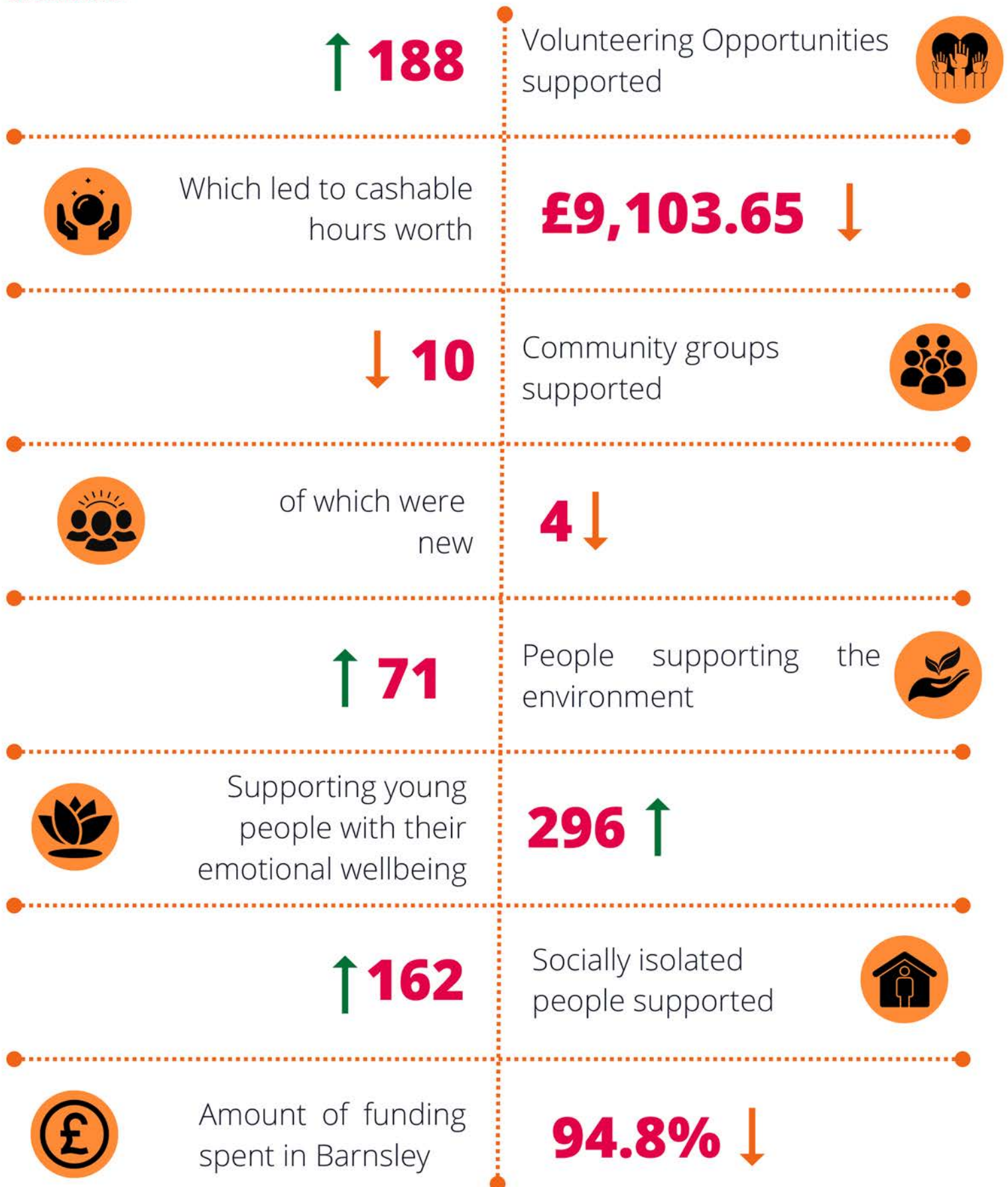
Our heritage and green spaces are promoted for all people to enjoy



Fossil fuels are being replaced by affordable and sustainable energy and people are able to enjoy more cycling and walking

Stronger Communities Key Performance Indicators

Table 2 below shows the Providers contribute towards the Key Performance Indicators and deliver the outcomes and social value objectives for the Stronger Communities directorate



Part A: Overview of performance

3 contracts have formally completed their contract monitoring/contract management reporting for Q3 2022/23. The following tables, therefore, reflect the overview of the performance of **3 live contracts** only.

These contracts are:



CAB & DIAL
Second Contract
Year 8
Q2

Anti - Poverty



Twiggs
Second Contract
Year 2
Q4

Environmental
Education

Two providers are currently delivering the Youth Resilience Grant



Ad Astra
YMCA

Youth Resilience
Fund

The North Area also funds contracted posts:



The post is
currently vacant

Housing and
Cohesion Officer

Three providers are delivering the connecting communities grant



Age UK
DIAL
Reds in the
Community

Connecting
Communities



Economic
Regeneration



Health &
Wellbeing



Anti Poverty

Anti-Poverty Outreach



606

Number of clients this
quarter

82%

Local people feel more
able to manage their own
affairs

83%

Local residents
experienced improved
health and wellbeing

- Satisfactory quarterly monitoring report and contract management meeting.
- Milestones achieved
- Outcome indicator targets met
- Social value targets met
- Satisfactory spend and financial information
- Overall satisfaction with delivery against contract

Service Outline

Delivered by Citizens Advice Barnsley and DIAL Barnsley, the NAC Outreach service advises local people on all the issues they face. Their services are free, confidential, impartial & available to everyone.

Both providers deliver AQS quality marked advice that is independently and externally audited. They advise on all categories of law including debt and money worries, in-work, out-of-work and disability benefits; housing and homelessness; employment; relationship and consumer issues. This breadth of knowledge means they are uniquely qualified to provide wrap-around services to support people with multiple interlinked issues. They help clients sort out problems before they reach crisis point and through income maximisation & debt management, they help stabilise people's finances to prevent and reduce the impact of poverty. The client feedback they gather shows this advice work helps to improve health and wellbeing and reduces stress.



Economic
Regeneration



Health &
Wellbeing



Anti Poverty

Anti-Poverty Outreach



£306,930

Overall benefit gain (in £)

£21,488

Amount of debt managed

£13

Return on investment (for
every pound spent)

Extract from performance report

In the period 1st January to 31st March 2023, advisers from both organisations have provided information and advice to 745 client contacts, supported clients to claim £306,930 of welfare benefits and managed £21,488 of debt. In addition to this, CAB has provided fuel and food vouchers to a total of £324 for 5 clients, an average of £65.

As in previous reports, the majority of clients for both organisations accessed the service for help with benefit-related issues. The generalist adviser from CAB has also supported clients with a range of other issues, including employment, housing, utilities & communication, debt, legal, charitable support & foodbanks, consumer, relationship and family issues, health & community care, immigration & asylum, financial services & capabilities, travel and transport, tax and other issues.

Of the 745 client contacts this quarter, 228 have required help with form filling – a total of 31% of the clients, the majority of which are related to the benefits system. DIAL forms are completed face-to-face with the clients and not over the telephone.

Citizen's Advice Barnsley

Case Study



Background

When Kenneth* came into the Citizens Advice Barnsley outreach near his home, he was already anxious; his much-loved wife, in her eighties, was battling cancer and becoming increasingly frail. She was having all of her treatment at home, and, despite his age, Kenneth wanted to keep her at home as long as possible. However, she needed constant care and assistance - from supervising her medication, personal care, and help to mobilise safely.

He had asked Macmillan about additional benefits, but he and Moira* were not eligible for means-tested benefits. It had been suggested that they ask Citizens Advice Barnsley about Attendance Allowance and whether that suits their situation. If so, he explained to the adviser that they could help him with the application form.

The adviser carefully explained the criteria for Attendance Allowance both during the day and at night and demonstrated the two different payment rates. Giving Kenneth the telephone number he needed to request an application form, she explained that it was best to telephone as a successful claim would be backdated to the date of that request.

While waiting for the form to arrive, she suggested that Kenneth keep a diary of tasks that he assisted Moira with and how long they took, as this would help in thoroughly completing the form.

While completing the form, the adviser was happy to recommend that Kenneth come back to an outreach session to see an adviser from DIAL.

Finally, the adviser explained that it could be some time before Kenneth received a decision letter - but she gave him the telephone number of the Attendance Allowance Helpline so that he could check if he were worried about the delay.

She also reminded him about the Macmillan website as a good source of finding local help and support.

Kenneth really appreciated the clear, practical help he received from the Citizens Advice Barnsley adviser; when life is complex and demanding, it's good to have someone to assist with practical issues.

DIAL

Case Study



“I knew it couldn’t be right to hold my benefits until my tribunal and then say I had too much because of how long they took. I didn’t think to explain to the Council that is why I had so much savings, I thought they knew. It was shocking how I felt receiving a debt recovery letter and I went straight Duncan as I knew he’d know what to do. He’s a star”.

Mr. T



Before DIAL

Mr A attended the North Area Outreach Session with his father for support to complete an Attendance Allowance form.

Advice provided by DIAL

The DIAL Advisor at outreach helped to complete the Attendance Allowance form and undertook a comprehensive benefit check for his father. She also checked Mr A’s current situation as he is the main carer for his father. We advised Mr A about Carers Allowance which can be claimed if his father is awarded Attendance Allowance and how this would be beneficial for an increase in his overall income. He currently receives Universal Credit and if he receives Carers Allowance it will be deducted from his Universal Credit but he will still be better off as a Carers Element will be included in his Universal Credit calculation before the amount of Carers Allowance is taken off. Mr A also has difficulties with his mental ill health, so she advised him to make a claim for Personal Independence Payment and supported him to make an application.

After DIAL

Mr A’s father received his Attendance Allowance, and the Carers Allowance has been awarded to Mr T. Both have an increase in their weekly income. He is still awaiting an update from his Personal Independence Payment application.



Economic
Regeneration



Health &
Wellbeing



Anti Poverty

Anti-Poverty Outreach



How does the commission meets the Council Plan?

**Our Council Plan
2021 -2024**

Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible
- We have reduced inequalities in health and income across the borough

Learning Barnsley

- People have access to early help and support

Sustainable Barnsley

- People live in great places, are recycling more and wasting less, feel connected and valued in their community.

Growing Barnsley

- People are supported to have safe, warm sustainable homes

*CAB & DIAL contribution to public health outcomes

Improving the wider determinants of health

Objective 1: improvements against wider factors which affect health & wellbeing and health inequalities

1.09 | Sickness absence rate

1.15 | Statutory homelessness

Health improvement

Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities

2.23 | Self-reporting wellbeing

Health public health and preventing premature mortality

Objective 4: reduce numbers of people living with preventable ill health and people dying prematurely, whilst reducing the gap between communities

4.13 | Health related quality of life for older people

4.15 | Excess winter deaths

Do you live or work in the North Area?

Do you need advice?

We can help with Debt & Money Worries, Benefits, Housing, Employment, Relationship, Consumer & Energy issues

Our advisers will be providing free, impartial and confidential advice at the following times:

Emmanuel Church, Huddersfield Road, S75 1DT

Every Monday, 9am - 1pm

Mapplewell Village Hall, Darton Lane, S75 6AL

1st and 3rd Tuesday of every month, 4.30pm - 7.00pm

Roundhouse Lifelong Learning Centre, Laithes Crescent, S71 3AE

2nd and 4th Tuesday of every month, 2.30pm - 5.00pm

Mapplewell Village Hall, Darton Lane, S75 6AL

Every Wednesday 1.00pm - 5.00pm

The Darton Centre, Huddersfield Road, S75 5ND

Every Thursday 9.00am - 1.00pm

Roundhouse Lifelong Learning Centre, Laithes Crescent, S71 3AE

Every Friday 9.00am - 1.00pm

No appointment needed
You can just drop-in!



North Area Council

Darton East, Darton West, Old Town, St Helens



Funded by the North Area Council for residents of Darton East, Darton West, Old Town and St Helens Wards
If you do not live or work in these wards we will not be able to assist you on this project



Improving the local environment



Health & Wellbeing



Opportunities for young people

Environmental Education

TWIGGS
Grounds Maintenance LTD



How the commission meets the Council Plan?

Our Council Plan 2021 -2024

Learning Barnsley

- Children and young people achieve the best outcomes through improved educational achievement and attainment.
- People have the opportunities for lifelong learning and developing new skills including access to apprenticeships.

Sustainable Barnsley

- People live in great places, are recycling more and wasting less, feel connected and valued in their community.
- Our heritage and green spaces are promoted for all people to enjoy.

- Satisfactory quarterly monitoring report and contract management meeting.
- Milestones achieved
- Outcome indicator targets met
- Social value targets met
- Satisfactory spend and financial information
- Overall satisfaction with delivery against contract

Purpose and Function Overview

The North Area Clean and Tidy Team's focus is on building independence and increasing resilience within communities. Working with residents, schools and local businesses. The Clean and Tidy Team's performance is measured on the work that they do with volunteers and attracting new people to help keep the North Area clean, green and tidy for many years to come.

There is a strong emphasis on proactive work and transfer of horticultural skills to volunteers. This is an educational based contract. N.B. Twiggs do not have a maintenance contract for North Area. BMBC Neighbourhood Services retain this function and every effort must be made to prevent duplication.

The North Area Council would like to express the sentiments shared during the March 2023 Area Council meeting. We extend our gratitude to the entire team at Twiggs Ground Maintenance for their unwavering commitment, tireless efforts, and invaluable assistance.



**Improving the
local
environment**



**Health &
Wellbeing**



**Opportunities
for young
people**

Environmental Education

Performance Indicator	Yr 1 Target	Q1	Q2	Q3	Q4	Cumulative
Number of community clean-ups	40	69	65	59	60	253
Twiggs social action events	10	0	-	-	-	0
New community groups supported	4	4	2	0	4	10
No. of sustained volunteers (recruited and retained)	80	63	134	144	129	470
Number of new volunteers at Twiggs events	120	6	8	151	24	189
Areas of blight targeted	100	42	48	21	95	206
Local business engagement	50	8	16	30	22	76
Number of volunteers trained (6 week active volunteer course)	40	30	27	6	10	73
Local spend	90%	90%	/	95%	95%	93.3%

Performance Indicator	Yr 2 Target	Q1	Q2	Q3	Q4	Cumulative
Number of community clean-ups	40	94	61	68	30	253
Twiggs social action events	10	0	0	22	19	41
New community groups supported	4	0	1	1	0	2
No. of sustained volunteers (recruited and retained)	80	172	28	88	61	349
Number of new volunteers at Twiggs events	80	146	53	12	10	221
Areas of blight targeted	10	119	59	62	40	280
Local business engagement	50	0	6	4	2	12
Number of volunteers trained (6 week active volunteer course)	38	38	46	28	18	126
Local spend	90%	95%	95%	95%	95%	95%



**Improving the
local
environment**



**Health &
Wellbeing**



**Opportunities
for young
people**

Environmental Education

Update for each ward: 2 priorities by Steering Group



Mapplewell Park - During the Quarter, a few Greenspace volunteers attended one of the sessions and cleared litter whilst the team reinstated footpaths. Along with this, we had GXO volunteers who carried out a 5-hour volunteer day with our support. GXO cleared leaves, litter-picked the whole park, reinstated footpaths and cleared brambles

Ibberson Gardens - We were supported with the upkeep of the gardens by Cllr Hunt and a regular volunteer, plus a new volunteer whom we have nurtured and learnt new skills which have helped Twiggs across the borough.

Longfields - Numerous visits were paid to this area but very little volunteer support attended apart from one volunteer early February.



Kexborough Memorial Garden - During the quarter we worked with Darton Astrea Academy gardening club on the schools memorial garden to plant a vast array of spring flowering bulbs. During the sessions the pupils were given a lesson on how to plant bulbs and the knowledge of what bulbs they were planting, why they were planting them and the family that each variety belonged to.



Public Footpaths - Many hours dedicated to tidying up the footpaths on the priority schedule but with minimal / no volunteer uptake.

Old Quarry - Many hours spent at the quarry but only one volunteer that Twiggs has nurtured came along to support the team.



West Road / 4T's - Numerous volunteer opportunities were advertised but very little uptake from locals. During community development Poggy Pickers were approached to try and gain some involvement, however they sent apologies as the group wanted to target other areas which they feel needed more urgent attention.

4T's celebration event - Twiggs attended the event and brought along a donation of spring flowering bulbs which we planted with the young people and support staff. The area was cleared of litter and fly-tip was reported. Twiggs cleared up the used needles that were left around the site.



Mapplewell Park

Darton East



Our Council Plan 2021 -2024

Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible

Learning Barnsley

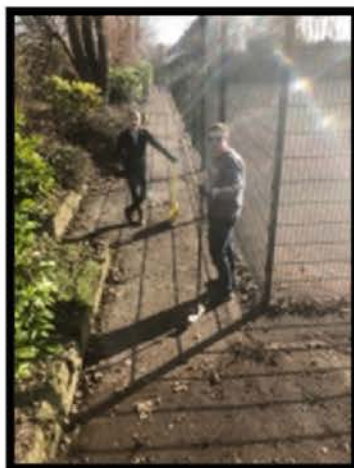
- People have the opportunities for lifelong learning and developing new skills including access to apprenticeships

Growing Barnsley

- People have a welcoming safe and enjoyable town centre and principle towns as destinations for work, shopping, leisure and culture

Sustainable Barnsley

- People live in great places are recycling more and wasting less, feel connected and valued in their community
- Our heritage and green spaces are promoted for all people to enjoy



Background

Supporting 6 volunteers from GXO we concentrated our efforts on 4 different activities to give the park some far overdue TLC. To begin we first carried out a litter pick of the whole park. The volunteers were then tasked with giving the MUGA a weed and scrape before proceeding to sweep and remove the detritus. Following this we concentrated on reinstating the footpaths around the play area along with the area surrounding the tennis court.

How did this activity come about?

The Park is a priority area for the Environmental Steering Group. Twiggs developed the relationship with GXO/ASOS to engage with the team to work in the park to maintain the site.

Apprentice Involvement

An apprentice is present during all sessions, this allows them to develop their skills in the use of power tools and other community engagement activities.

What went well?

The group was given information about how green waste can be used with mulch around the park and how mulching benefits the environment.

What still needs further development and what is the next steps?

The bio-diversity through flowers and trees could most certainly be developed for such a huge park.

At a glance



6

Number of volunteers



30

Total volunteering hours



£411

Cashable value of volunteering hours



5

Bags of Rubbish

Kexbrough Memorial Gardens

Darton West

Our Council Plan 2021 -2024

Healthy Barnsley

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At a glance



Background

This was an educational bulb-planting session with the Darton Astraea Academy Gardening Club. 3 young students took part with support from their school teacher.

The students were firstly given 30 packs of flowering bulbs donated by The Range and distributed by Twiggs for the garden. To begin with, I gave the students an informative chat on what species they consisted of, along with the correct depth and methods to plant the bulbs. Following this, we demonstrated how to plant the bulbs and proceeded by supporting them to plant the bulbs independently. The bulbs were planted around the base of the trees in the garden, and a few were added to the rows of bulbs planted in previous years. The bulbs were Alliums, Crocus, Tulips and Chionodoxa.

How did this activity come about?

This is a long running relationship which has been nurtured over the past 5 years with the School.

Apprentice Involvement

An apprentice is present during all sessions, this allows them to develop their skills in the use of power tools and other community engagement activities.

What went well?

The school pupils were educated in winter bulb species and were shown how to plant the bulb. The pupils planted 30 packs of bulbs donated from The Range.

The bulbs planted were Alliums, Crocus, Chionodoxa and Tulips.

What still needs further development and what is the next steps?

Further education sessions based around horticulture would be advantageous to the young students. The gardens would also benefit from more plants and flowers and trees to add to the bio-diversity to which the pupils could learn about pollinators and the natural world. Education sessions on how trees store carbon / climate change.



Old Canal Carpark, Smithies Lane

Old Town

Our Council Plan 2021 -2024

Healthy Barnsley

- People are safe and feel safe

Growing Barnsley

- People have a welcoming safe and enjoyable town centre and principle towns as destinations for work, shopping, leisure and culture

Sustainable Barnsley

- People live in great places are recycling more and wasting less, feel connected and valued in their community
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Background

The team identified this area to be an area of blight and a dumping ground for fly-tipping.

After completing a job set out by the Environmental Steering Group, the team had spare time, so they gave this area a much-needed “Blitz”.

The whole surface was becoming hazardous and problematic for walking due to the large amount of fallen leaves and detritus.

From experience, this area gets lots of foot fall and needs attention to make it safe for public use.

How did this activity come about?

The team generated this work—a hot Spot area for litter and fly-tipping.

Apprentice Involvement

Our apprentice is learning about the different areas of the ward and enjoying making a difference to the public greenspaces.

What went well?

The area was thoroughly cleaned up and made safe from slips, trips and falls. Litter and fallen leaves, and mud were cleared to make this area safer for public use.

What still needs further development and what is the next steps?

Volunteer Engagement

At a glance



7

Bags of Rubbish



2

Total staffing hours



Laithes Lane Primary School

St Helens



Our Council Plan 2021 -2024

Healthy Barnsley

- People are safe and feel safe

Learning Barnsley

- People have the opportunities for lifelong learning and developing new skills including access to apprenticeships
- Children and young people achieve the best outcomes through improved educational achievement and attainment
- People have access to early help and support

Sustainable Barnsley

- People live in great places are recycling more and wasting less, feel connected and valued in their community
- Our heritage and green spaces are promoted for all people to enjoy

At a glance



Children involved



Total staffing hours

Background

This session aimed to engage with the children at Laithes Primary School to deliver a horticultural lesson on how to grow vegetables. The vegetable of choice at this session was onion sets. To begin, we tasked the children with counting all of the packs of onion sets as a team and distributed them equally amongst themselves. The children took all the information they learnt during our educational talk to them regarding what an onion set is and the method of planting and carried out the task with precision and gusto!

The second half of the session was a litter-picking exercise in which the children collected 9 sacks of mixed waste. The children were horrified by how much litter was present in the vicinity and deemed this unacceptable. Whilst litter picking the children were given information about how litter can have a damaging impact on the environment and planet.

All 'green waste' from the sessions was mulched and reintroduced back into the environment, utilising the nutrients.

How did this activity come about?

This is a priority area identified by the Environmental Steering Group.

What went well?

The children were given a lesson on how to plant onion sets and informed what onion sets are. The children were very enthusiastic and listened to everything they were taught. They took on the task with eagerness and understanding!

After the horticultural lesson the children did a litter pick, collecting 9 sacks of waste from the nearby footpath. Whilst litter picking they were spoken to about how litter affects the environment and damages it has on the wildlife. The children were very shocked about how much litter was present and deemed this unacceptable.

What still needs further development and what is the next steps?

This session was very successful and the children were a pleasure to teach.

Further development could be achieved to further teach the next generation how to grow their own food and give them a greater understanding of the natural world and the difficulties the planet faces.

Wingfield Road

St Helen's

Our Council Plan 2021 -2024

Healthy Barnsley

- People are safe and feel safe
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Learning Barnsley

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Growing Barnsley

- People have a welcoming safe and enjoyable town centre and principle towns as destinations for work, shopping, leisure and culture

Sustainable Barnsley

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- Our heritage and green spaces are promoted for all people to enjoy

Background

During October we carried out multiple sessions on Wingfield Road to give it a blitz. The first session occurred on 10/10/2022 during which we cleaned the entrance to the footpath by removing silt and detritus, making it more inviting, strimmed back the excessive vegetation that was encroaching onto the entrance and cut back the overgrown grass. While we targeted the overgrowth, volunteer Mayor Tattershall cleared litter, removing 6 bags of litter. To follow up on our the previous session we attended on 24/10/22 during which we joined Mayor Tattershall and Cllr Leach. We cleared litter, strimmed back the overgrown grass, cleared fallen leaves to reduce the slip hazard and scraped up the moss from the footpath. The last session of the quarter occurred on 31/10/2022. To proceed our work at the site we strimmed back the overgrowth that was encroaching onto the footpath, making it safer for the students of Laithes Primary School and other members of the public. Other activities included litter clearance and removal of fallen leaves, leaving the area more aesthetically pleasing and safer for the use of children.

All 'green waste' from the sessions was mulched and reintroduced back into the environment therefore utilising the nutrients.

How did this activity come about?

This is a priority area identified by the Environmental Steering Group.

Apprentice Involvement

An apprentice is present during all sessions, this allows them to develop their skills in the use of power tools and other community engagement activities.

What went well?

The area is now more accessible for the children and adults that are frequently using the footpath in order to get to school.

What still needs further development and what is the next steps?

Targeting different parts of the area and increasing the number of sessions.



Improving the
local
environment



Health &
Wellbeing



Opportunities
for young
people

Environmental Education

*TWIGGS contribution to public health outcomes

Improving the wider determinants of health

Objective 1: improvements against wider factors which affect health & wellbeing and health inequalities

- 1.04 First time entrants to the youth justice system
- 1.16 Utilising outdoor space for exercises and health reasons

Health improvement

Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities

- 2.13 Proportion of physically active and inactive adults
- 2.13 Self-reported wellbeing



Improving the environment



Changing the Relationship



Improving the economy



Anti Poverty



Health & Wellbeing

Housing Cohesion Officer



- Satisfactory quarterly monitoring report and contract management meeting.
- Milestones achieved
- Outcome indicator targets met
- Social value targets met
- Satisfactory spend and financial information
- Overall satisfaction with delivery against contract

Purpose of Post

To ensure compliance with the legislation and statutory obligations of the Council dealing with poor housing and environmental conditions in the Private Rented Sector, ensuring effective regulation with a balanced proactive and reactive approach through the discharging of informal, formal and legal actions. Contribute to improved standards in the local private rented sector and stability for both tenants and landlords.

- Provide advice, guidance and support in accordance with approved Council policies, procedures and statutory responsibilities pertaining to private sector housing and the environment.
- To pro-actively engage and liaise with internal and external stakeholders including tenants, landlords, members of the public and partners, developing strong and cohesive working relationships.
- Respond to requests for service, investigate complaints and provide advice on sub-standard housing conditions in the private rented sector.
- Contribute to the development and delivery of a highly visible proactive approach to raising standards of poor-quality private sector housing across the Borough.



Improving the environment



Changing the Relationship



Improving the economy



Anti Poverty



Health & Wellbeing

Housing Cohesion Officer



BARNSELY
Metropolitan Borough Council

How the Housing Officer post meets the council plan?

**Our Council Plan
2021 -2024**

Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible
- We have reduced inequalities in health and income across the borough

Learning Barnsley

- People have access to early help and support

Sustainable Barnsley

- People live in great places, are recycling more and wasting less, feel connected and valued in their community.

Growing Barnsley

- People are supported to have safe, warm sustainable homes

*Housing Cohesion Officer's contribution to public health outcomes

Improving the wider determinants of health

Objective 1: improvements against wider factors which affect health & wellbeing and health inequalities

- 1.01i Children in low-income families (all dependent children under 20)
- 1.06ii Adults in contact with secondary mental health services who live in stable appropriate accommodation
- 1.15 Statutory homelessness
- 1.17 Fuel Poverty
- 1.18i Social isolation: Percentage of adult social care users who have as much social contact as they would like

Health improvement

Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities

- 2.23 Children in low-income families (all dependent children under 20)

Health public health and preventing premature mortality

Objective 4: reduce numbers of people living with preventable ill health and people dying prematurely, whilst reducing the gap between communities

- 4.13 Health related quality of life for older people
- 4.15 Excess winter deaths



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund



YMCA
(Supporting
Kexborough Primary,
Wellgate Primary and
Delta Academy
Darton.)

The schools work in the North Area is now all fully implemented and running weekly with lots of positive feedback from the participants and school staff.



(Supporting
Laithes
Primary,
Athersley
South and
Outwood
Academy
Carlton.)

- Satisfactory quarterly monitoring report and contract management meeting.
- Milestones achieved
- Outcome indicator targets met
- Social value targets met
- Satisfactory spend and financial information
- Overall satisfaction with delivery against contract

Purpose of the Youth Resilience Grant

The North Area Council Youth Resilience Fund has been established by North Area Council for the academic year 2020/2021, to support the delivery of a range of positive after school and holiday provisions (interventions/ projects/ activities/ sessions) that will contribute to building the emotional resilience and wellbeing of children and young people (aged 8-13). This resilience-building will prepare children in years 5 and 6, who are displaying additional emotional support needs, with extra skills that will prepare them to successfully transition to senior school.

The grant opportunity is currently delivered by two different providers: YMCA and Ad Astra. Below is an extract from the performance reports:





Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund



733

Total number of sessions (including in-school, holiday provision & YMCA Youth Clubs)

34

Number of new unique individuals engaged

0

Number of peer support sessions delivered

3

Number of school holiday sessions delivered

2

Number of family members engaged in the project

3

Number of young volunteers

Darton Academy Peer Support Training Programme

Transition support and Peer Support Training for Y7 Pupils.

The school's Leadership Team identified this group. The young people were chosen for their needs, interest, maturity and the Primary School that they had previously attended to ensure a broad representation of the school's feeder primaries and that the young people were familiar with the Primary School that they would then support as part of the next Year 6 transition process.

Project youth workers have been working with a new contact in the Darton Academy to personalise the new cohort's training programme and participant criteria. The six-week training programme will now be delivered in the Summer term after the Easter holidays. The timescale ensures that the training is complete before Year 6's visits from the school and their visit to Darton Academy. Participants will be identified by the school in line with the Peer Supporter and school role model criteria.

The transition from primary to secondary is a daunting and uncertain time in a young person's journey, and having a Peer Supporter to reassure and support the transition is valuable as they have the experience to relate to the Year 6's. This programme builds the young people's confidence and well-being as they are empowered by being chosen to fill such a worthwhile role.

Some of the Peer Supporters continue to engage with the wider North Area project and YMCA youth work programmes during holiday provision and term time sessions, as both peer supporters and participants. This allows our Peer Supporters the space to develop their ability to lead and to demonstrate the skills that make them positive role models, but it also allows us to reach young people who may initially be distrusting of any intervention by adults. Our Peer Supporter programme will continue to encourage young people to take care of one another, increasing the support networks that young people have access to and ensuring that young people are able to develop as both individuals and as mentors.



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund



Darton Academy After School Sessions:

Targeted & open access after-school sessions for Y7 & 8 students, using arts/games/themed projects/group discussion and activities to engage participants and build relationships and specific activities to encourage the development of key resilience and personal and social skills. Providing access and opportunities for participants to engage in positive activities in a safe space with access to skilled and experienced youth workers who can provide additional emotional and mental health support.

We've seen an influx of new young people attending our sessions, which has positively impacted the work we can do with them. We continue to focus on empowering young people to have a voice in the decisions that are made both within their school and their wider community.

Our focus within this group has been to build a safe and trusting environment where young people feel accepted, and as a result, we have been able to work with a wide range of young people on an individual basis. We strive to create a relaxed environment where young people feel as though they belong. When there have been challenges within this group, young people feel safe enough to speak to their youth workers about it, who have been able to work with young people to establish solutions.

The running theme for this quarter has been around identity, with sessions targeted around developing the young people's sense of core self. As a result, young people have felt supported enough to discuss questions they have regarding their identity, and our youth workers have been able to support these conversations in a nurturing and positive way.

The personalities within this group have, at times, led to challenges. However, each young person who attends has positively impacted the group, and we are incredibly proud of how far they have come.



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund



Kexborough Primary:

Weekly after-school sessions with all of Y6 children at some point having the opportunity to work with the YMCA youth work team, who will then remain a consistent person within their transition experience to Darton Academy.

From September, the group of young people were a specific group of Y6 pupils identified as those who would most benefit from the project and improve their emotional resilience and wellbeing.

The YMCA after-school club continues to be a popular session with young people proven by the number of participants. This club aims to build the group's emotional resilience and confidence by gently coaxing them to participate in team-building games and providing them with different opportunities each week to develop their interpersonal skills, with our youth workers ensuring that every voice within the group is heard.

We continue to work in Kexborough Primary School, offering an after-school club to a mixed cohort of 16 young people. Our working relationship with the school means that the school, including the headteacher and family support worker, is able to identify a group of young people who would benefit by participating in a club that focuses on building emotional resilience and wellbeing. As this group of young people is signposted to us, it allows us to spend time establishing the needs of each participant, enabling the development of core skills, increasing self-esteem and confidence and being able to provide 1:2:1 support as and when needed. The rotation of the group at each term enables the YMCA to reach as many young people as possible and raise their aspirations and confidence in their preparation for secondary school.



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund



Wellgate Primary

Weekly targeted support project for some Y6 children identified as those who would most benefit from the project.

The youth work team have continued delivery of the targeted model supporting children within the year 6 group who have been identified as those who would most benefit from the project.

The club continues to be delivered on a Monday afternoon to meet the needs of the school. The school and the YMCA have a great working balance and fully support each other in the delivery of the club. The school continues to signpost the young people they believed would benefit the most from attending this club due to their confidence and low emotional self-esteem.

The activities are the tools that allow the conversations between the youth workers and the young people to start, which help them to understand the young people's needs and what areas they need to work on to improve their confidence and social skills. A programme of positive and empowering activities is offered to the young people who attend these sessions, including relevant cultural activities, problem-solving sessions, and mindfulness crafts, all serving to create a space where young people are comfortable developing their sense of self and belonging.

Young people attending Wellgate will see a move to focus on transition-themed activities that will allow them to explore their worries and concerns about moving to high school in the new quarter. We will also provide an opportunity for the young people who attend Wellgate to have any questions answered that they may have by linking up with the young people we work with at Darton Academy.



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund



Summer Lane Primary Pilot

Weekly targeted support for Y6 children open access but targeted for some pupils the school has identified as those who would most benefit from additional support.

“ I enjoyed the suncatchers because when I look at it, I think of how nervous I was for everything going on but now I feel a lot better and less nervous because of the other times we were here on a Wednesday. I enjoyed it here and it made me feel a lot better about high school and the play that we were doing in front of the whole school and parents.”

Amelia
Year 6

This bespoke weekly club continues to be popular with young people. Participants are referred by the wellbeing contact in school, who continues to signpost young people who she feels would benefit from our work, ensuring that there is a team of workers around each young person who attends. The sessions at Summer Lane are themed to prepare young people for their transition to secondary school, employing various methods such as mindfulness crafts and, recently, ‘kindness books’ where young people complete tasks that are focussed on self-worth, their identity, and how they act towards others. We work with Year 5 and Year 6 on rotation, which ensures that the young people who need the support can access it while also allowing us to intervene early with young people who have more complex needs regarding their resilience and interpersonal skills would require a long-term programme. We continue to see a great deal of improvement regarding these skills, and the young people within this session are able to articulate this growth and demonstrate their resilience in everyday situations within the session.

The project delivery in the schools has enabled the children to form positive relationships with the youth workers from YMCA Barnsley and to develop their social networks building positive relationships with other young people both in their school-based sessions and through accessing wider project delivery with holiday provision and the detached youth work sessions.

We can also maintain our support for project participants transitioning to Darton Academy and Horizon Community College with a familiar face and support from a trusted and consistent youth worker they already know and access to pre-established relationships with peers. The youth workers have enjoyed reconnecting with young people as they continue their journeys in secondary school. They have seen many of them access the after-school clubs at Horizon and Darton Academy. Seeing and reflecting on their transformation from timid year 6’s too confident year 7’s in their secondary school environment is a proud moment for the participants and their youth workers.



Improving the local
environment



Health &
Wellbeing



Opportunities for
young people

Youth Resilience Fund

Holiday provision:

During February Half Term, young people from the North Area were invited to two borough-wide events and had a North Area specific activity in the form of a Budgeting Shop/Cook and Eat Session. The Shop, Cook and Eat activity saw young people having to budget a meal, which they then bought the ingredients for and cooked. During the recent cost of living crisis, this was a valuable activity that the young people involved really enjoyed. The two borough-wide activities that young people were invited to were the Valentines Disco held at YMCA Barnsley, and a Rock Climbing event in Sheffield. Both activities were well attended by young people in the North Area and served to allow young people the space to challenge their fears in an environment that was safe and supportive.

Over the Easter Holidays, young people from the North Area were again invited to a borough-wide event where we took them to Lazer Tag at Xscape Castleford. This was a very well-attended event, with nearly 1/3 of attendees being from the North Area, and again it gave young people the opportunity to meet new people in a safe environment. This event got very positive feedback from both young people and their parents/guardians, and it has been requested that we run something similar in the future. We also ran an Easter Egg Hunt in Mapplewell Park and a Shop/Cook and Eat session at St John's Church in Mapplewell. A number of young people informed us that they would be unable to make it due to family holidays, but both events were still incredibly positive. We will continue to consult with young people regarding their wishes for future holiday provision in their area.

Throughout the holiday provision we run, young people are supported by familiar workers who they know and trust and were also given the opportunity to socialise with young people from across the project and who may attend the same school as them in the future. It is important to the YMCA Barnsley team that the relationships with youth workers that have developed during the school sessions are maintained during the holiday provision to provide that consistent person in the young person's journey.



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund

Detached Project (continued)

Our team continue to work in the North Area providing weekly session. Largely centred around Kexborough (Bernelai Homes premises) but also street based in and around Kexborough parks and Darton.

In recent weeks, the core group have seen some changes in membership. 2 members moved on and we welcomed 2 new members. The shifting dynamic impacted on the piece of drama the group were working on so it was decided to use the clips we had filmed thus far to piece together and use as an evaluation tool for the group. Once new members are 'settled in', then it is hoped the drama project will be re visited. The young people's engagement has been fantastic, their ideas and commitment has been a very positive experience. Almost weekly, the group bring stories to group sessions that reflect on their learning whilst working on the drama project. Staff are confident that the learning experience has built on their resilience and given the young people coping tools and strategies they can draw on when faced with day to day challenges, in particular when in school.

As spring approaches and brings brighter nights and kinder weather, our core group have been planning outdoors activities including sports and games that they can help facilitate with larger groups.

The group are also very keen to engage in activities that benefit the broader community. Ideas around gift making for elderly residents, wellbeing bags, coffee mornings, and perhaps odd jobs have all been discussed. These conversations and planning will continue this term in the hope that the group develop their own plan based around their interests and needs.

In dryer weather the core group have litter picked their community. Their efforts have not gone unnoticed, positive comments from older residents are very encouraging and often open up broader conversations about their work and their involvement with YMCA Barnsley.

Our immediate plans for the next few weeks are Easter treasure hunt, outdoor games and sports and finalise plans for community engagement activities, which may include liaising with staff and residents at a local care home.

A very worthwhile term, our team are encouraged by the learning and development the young people demonstrate. The team are confident that their role as youth worker within their community continues to play an important part in these young people's lives as they transition through life and navigate the challenges presented from time to time.



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund

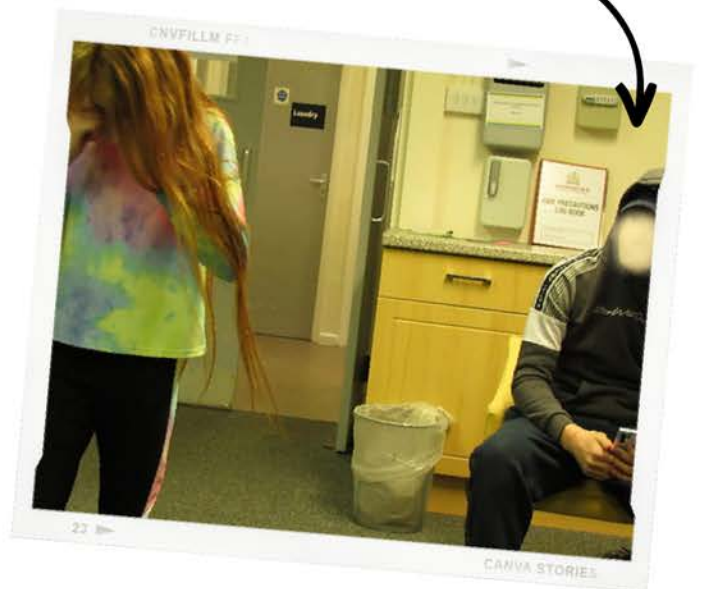


Shop, Cook & Eat



Problem Solving Team Challenge

Drama project



Sharing Positive Feedback





After Schools Project

Case Study

Background & Context

Sam began accessing our project when we started an after-school club in their secondary school. Sam is currently in Year 8. They were well-liked individuals who opened up about their struggles with anxiety early on in our involvement, which was why they chose to access our project. Over the last year, we have allowed Sam the space to overcome their anxiety within the group through consistency and unconditional support.

Recently, Sam has been questioning both their sexuality and gender identity and has been confident enough within the group to begin exploring where they fit on both spectrums. Our staff have been able to support Sam throughout this time of uncertainty, and it is apparent how much faith they have in our youth workers as a result of this.

Intervention/Process

Our engagement in Sam's school is a weekly session that runs throughout the year, with the same workers at each session. Because of this, Sam has been able to access support from a consistent person to work through different challenges that have arisen in their life outside of our sessions. The content of our sessions has been shaped by the young people within that group, and we have allowed Sam to influence this by consulting with each of the young people who attend the session. When we held a mock debate on the use of fireworks, Sam was comfortable and confident enough to share their experiences of panic attacks due to fireworks going off.

Recently, their trust in us was made apparent when a staff member was leaving, and young people requested that we make a card for them. Sam asked if they had to sign using their birth name or whether they could use a preferred name. Staff reassured Sam that they could use whatever name they were most comfortable with and asked Sam their preferred name. When Sam told us, we were supportive and asked if this meant there was a change in their preferred pronouns, which Sam stated that there was.

The following weeks saw Sam getting more comfortable using their preferred name while discussing with staff that they were unsure exactly where they fell on the gender spectrum. We reassured Sam, explaining that they didn't need to know everything immediately.

School-based Provision

Case Study

“

“I like coming here because you help me with so much. I know I can talk to you about anything. I struggle a lot so that’s important.”

Feedback from Sam (Anonymised)

”

Intervention/Process (continued)

In one session, Sam came in, and it was immediately apparent that they were struggling with something. When we asked if they were okay, Sam explained that today was the day they had decided to come out to their parents. Staff sat with Sam and reassured them that the decision to do that was theirs and to remove some of the pressure from themselves. We completed a ‘who’s my support network’ activity with Sam so that they knew the people they could get support from, during which Sam highlighted that we were part of that support network. Sam visibly relaxed throughout this session and clearly felt reassured about whom they could seek guidance to cope with their coming out. We also spoke about what reaction they would want after coming out to their parents, to which Sam stated that ‘if they are confused about it but open to learning.’

Impact of work with the individual:

Sam waited in the school lobby for me to attend the session the following week. When they saw me, they became visibly excited. After getting through reception, Sam told me that they had spoken to their mum and that while their mum completely understood Sam’s sexuality, they didn’t know enough about gender identity yet, but they wanted to understand. Sam was grinning as they said this, and when I asked how this made them feel, Sam stated ‘it was what I wanted’.

Sam also stated that the support network sheet we had completed the week before was pinned up in their bedroom as a constant reminder of the people they have around them. It was visible to see the weight that had been lifted from Sam’s shoulders and the confidence it had given them almost to reintroduce themselves to the group using their preferred name and pronouns. Sam’s peers have been incredibly supportive throughout this time, correcting themselves if they use Sam’s birth name and pronouns and always seeking to learn.

We have provided Sam with a safe space; as a result, they can go through this uncertainty with trusted adults who can support them. This will ensure that Sam is getting the support that is appropriate and non-judgemental as they continue to explore their gender identity. Because Sam has identified us as a safe space for them, we have also been able to support their anxiety, and Sam’s confidence has increased massively.

What’s next?

Sam will continue to have access to the support they need by attending our after-school club. In the future, we will continue to work with Sam regarding their confidence so that we can develop a strong sense of who they are as a person. We will signpost Sam to other support services that will complement the work we do with them, and we will continue to be part of and develop Sam’s support network.



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund



Ad Astra

(Supporting Laithes Primary, Athersley South and Outwood Academy Carlton.)

185

Number of unique individuals engaged

13

Number of young people attending Buddy Training

54

Number of young people attending conflict resolution sessions

35

Number of young people consistently attending Youth Club Sessions

150

Number of children /Young People reporting an improvement in their emotional wellbeing.

Extract from Performance Report

In Athersley North this term, they have asked us to deliver some Conflict Resolution Workshops with their Year 3 and 4.

They have asked because these two years are struggling with their emotions, and as a result, they are arguing to the extreme, with some cases getting aggressive.

We devised a simple programme we could deliver looking at emotions in the hope we can build their resilience to empower them to be able to handle their conflicts differently – this will also save lots of time for the staff involved as well School liked the programme, and so far it is being well received by the children and staff.

Athersley North

As reported in last term's report, Athersley North Primary has changed its Year 5 and Year 6 classes in this academic year. They have now added an additional class so that they now have 2 class 5 and 2 class 6 classes (instead of the traditional 1 Year 5 + 1 Year 6 and 1 mixed Year 5 and 6 groups)

So, for this academic year, we have done full classes rather than split them as we do in Athersley South Primary. So, this academic year, we completed two Year 5 Classes with our Buddy Training in the September to December Term. And this term January to March, we started the Transition Workshops for two Year 6 classes, but we have only completed half the designated program, which we will return to in May and complete.

In the space between, young people are concentrating on their SATs revision, hoping that the school levels will improve. Instead of missing sessions school asked us if we could deliver Conflict Resolution sessions for the Year 3s and 4s, which we started After the February half term. We will complete the Conflict Resolution Workshops after the Easter break, then move back onto the Transition program with Year 6 pupils



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund



(Supporting Laithes Primary, Athersley South and Outwood Academy Carlton.)

Athersley South

For the first half term in Athersley South, we completed our Buddy Training with the Year 5s with our regular programme although this group was very immature they did give some great feedback with their question and answer sessions – As part of the confidentiality workshop the young people looked at emotions and in particular betrayal, this was how they came to understand ‘confidentiality’ and what it meant to a young person in a Buddy Role.

The team work session worked really well for the group and this session helped one young man who had been struggling throughout the sessions, but he excelled at the teamwork challenge and joined in with all the smaller groups to help the other young people.

The second half term was the start of our Transition Workshops for this academic year.

We delivered our current programme with the first group of Year 6 pupils.

In addition to the regular activities the staff took in a full uniform for the young people to look at instead of just a tie and pictures – the young people really enjoyed trying on the uniform this was one of the high lights of that terms program which included a young man trying on every piece of uniform. We managed to access the Darton School transition video which helped the young people understand the bigger picture.

Maps and Planners alongside being prepared for school always shows the group how different primary is to secondary school.

For the Enrichment / Afterschool session, the team did a Science workshop and the young people experienced Elephants Toothpaste. This session was very popular with all the young people.



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund



(Supporting Laithes Primary, Athersley South and Outwood Academy Carlton.)

Carlton with Year 7

This has been a difficult term with the Year 7 groups – we have a great deal of disruptive behaviour from one of the groups.

The young men in the first group were very aggressive and were intimidating some members of the group after a few weeks they were asked to leave the group. The topics they discussed whilst with us were concerning for Year 7 pupils.

Every member of the group had a close family member in prison, and they spoke proudly about this.

Several discussions were held about Knife crime and the use of ‘blades’ were discussed at length several of the young men had no fear or remorse. We spoke about the consequences of these actions and the impact this has on families and other young people involved.

This was reported to school and they were aware as it had been reported to police after incidents outside school which were then brought into school.

The second group we had were a small group of young women whom we had previously worked with in our primary schools. They now described themselves as ‘the naughty girls’ What actually transpired from our group work was that the young women were struggling with their transition into secondary – from school rules – the amount of work they were expected to do and the academic levels they were not achieving.

They had also very quickly built a bond with each other to become ‘The Popular girls’, which they thought would help them get away with ‘acting up’ in school. We spoke at length about how their academic shortfalls would have an impact on their future career choices



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund

Youth Club

The youth club was quiet after Christmas but quickly picked up towards the end of January. It's been a busy and creative term. We have had several new members who have joined us after our sessions in their primary school.

The young people have a big input into the program, and the planning session at the start of the term helped produce the diary.

Working on Puzzles has been a big part of this term's program – logic puzzles, Chinese puzzles etc. The group were very creative around the Chinese New Year. Edible slime returned to the program again, as its always a favourite. The group also made aluminium sculptures and did some cross stitch.

Several of the young people are getting ready to transition into our Senior club so that next term will include some transition work in our youth club.

February Holiday Provision

In one of the sessions, we did Ribbon crafts as this had been requested by some of the youth club members this session, we had quite a few Year 7 lads attend, so quickly had to amend the program. We had a few issues with one of our regular members harassing another member, which led to us having to contact parents.

We held a separate day for our senior members following on from their requests around personal choices and sexuality - we invited TYS down for the afternoon session to continue on our theme but also to run a C Card session – this session was only open to young people aged 13+, and consent had to be given prior to the session.

Easter Holiday Provision

We had Breakfast clubs each Thursday over the two weeks, and young people came into have breakfast and do Easter crafts.

As part of our Other Easter provision, we had a Challenge Day, which followed on from the puzzles at youth club that they really enjoyed – one of the challenges was to package an egg so that it could be dropped from a height – the group really enjoyed this challenge although it became rather messy.

Easter crafts, buns and decorations were completed.



Improving the local environment



Health & Wellbeing



Opportunities for young people

Youth Resilience Fund

How does the commission meets the council plan?

Our Council Plan 2021 -2024

Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible
- We have reduced inequalities in health and income across the borough

Learning Barnsley

- Children and young people achieve the best outcomes through improved educational achievement and attainment.
- People have the opportunities for lifelong learning and developing new skills including access to apprenticeships.
- People have access to early help and support

Growing Barnsley

- People have a welcoming, safe and enjoyable town centre and principal towns as destinations for work, shopping, leisure and culture.

Sustainable Barnsley

- People live in great places, are recycling more and wasting less, feel connected and valued in their community.

We had a craft day where the young people made bags from recycled materials

Food and refreshments were served to all the young people

The young man who caused issues at the February half-term provision had to be asked to leave during our Easter provision as he became aggressive with another member.

He (and the family) have been told he can reattend sessions in a few weeks

*YMCA & Ad Astra's contribution to public health outcomes

Improving the wider determinants of health

Objective 1: improvements against wider factors which affect health & wellbeing and health inequalities

- 1.01ii Children in low-income families (all dependent children under 20)
- 1.03 Pupil Absence
- 1.04 First time entrants to the youth justice system
- 1.16 Utilising outdoor space for exercise and health reasons

Health improvement

Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities

- 2.07 Hospital admissions caused by unintentional and deliberate injuries in children (0 - 14 years)
- 2.08ii Percentage of children where there is cause for concern
- 1.04 Self-reporting well-being

Community Grants Summary Performance Management Report

April 2022 – March 2023

Service	Priorities	Provider	Contract Value (per year)	Start Date	End Date	Reports
Connecting Communities Page 44	 Health & Wellbeing	 North Area Social Inclusion Service	£79,600.20	April 2021	March 2024	Quarter 3 Received
Connecting Communities Page 48	 Health & Wellbeing	 Connections Hub	£66,450.00	April 2021	March 2022	Quarter 3 Received
Connecting Communities Page 51	 Health & Wellbeing	 Reds Connect	£41,472.21	April 2021	March 2022	Quarter 3 Received
Stronger Communities Page 58	 Health & Wellbeing	Mapplewell & Staincross Greenspace & Recreation Group Children's Cycle Path	£8,761.00	October 2021	March 2022	Report due after the opening ceremony
Stronger Communities Page 59	 Health & Wellbeing	 Stronger Mums	£9,950.00	April 2021	March 2022	Project due at the end of the contract

**Our Council Plan
2021 -2024
GRANTS**

Connections
Hub

North Area
Social Inclusion
Service

Reds
Connect

Children's
Cycle Path

Strong Mums

Healthy
Barnsley

People are safe and feel safe



People live independently with good physical and mental health for as long as possible



We have reduced inequalities in health and income across the borough



Growing
Barnsley

Business start ups and existing local businesses are supported to grow and attract new investment, providing opportunities



People have a welcoming safe and enjoyable town centre and physical towns as destinations for work, shopping leisure and culture



People are supported to have safe, warm sustainable homes



Learning
Barnsley

People have the opportunities for lifelong learning and developing new skills including access to apprenticeships



Children and young people achieve the best outcomes through improved educational achievement and attainment



People have access to early help and support



Sustainable
Barnsley

People live in great places, are recycling more and wasting less, feel connected and valued in their community.



Our heritage and green spaces are promoted for all people to enjoy



Fossil fuels are being replaced by affordable and sustainable energy and people are able to enjoy more cycling and walking





Changing the Relationship



Health & Wellbeing

Connecting Communities



North Area Social Inclusion Service

13

New referrals

10

Volunteers

9

Existing Volunteers

How does the commission meets the council plan?

Our Council Plan 2021 -2024

Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible
- We have reduced inequalities in health and income across the borough

Learning Barnsley

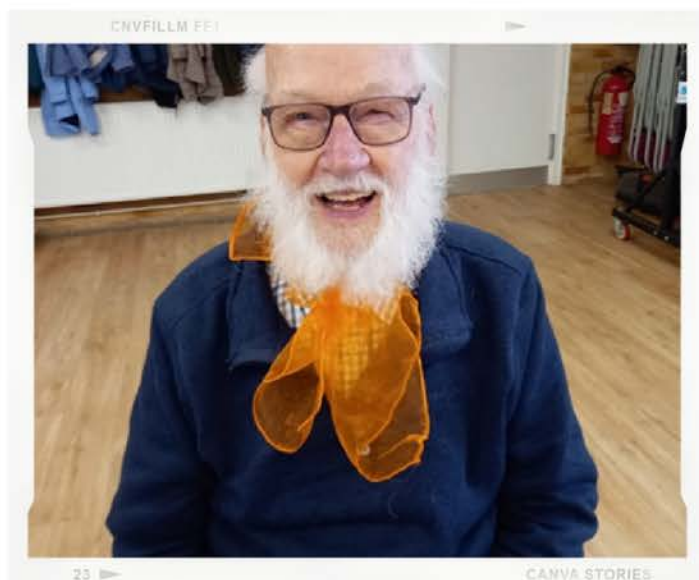
- People have the opportunities for lifelong learning and developing new skills including access to apprenticeships.
- People have access to early help and support

- Satisfactory quarterly monitoring report and contract management meeting.
- Project milestones achieved
- Project outcome indicator targets met
- Overall project progress & achievements

Project Aims

Age UK Barnsley are a local charity that works only for the benefit of the people of Barnsley Borough and our Resource Centre/Head Office is based within the Town Centre. We have been providing successful, innovative, area-wide services addressing social isolation in Barnsley for more than 5 years. Age UK Barnsley work with older people with a wide range of needs and health conditions including dementia, mental health problems, physical health conditions and limited mobility.

“To everyone at Age UK, thank you for all of your help. I am so touched and grateful for everything that you have done. I haven’t been out for so long and now I have all these groups that I can go to”.





**Changing the
Relationship**



**Health &
Wellbeing**

Connecting Communities

Achievements this quarter - October 2022 to December 2022

This quarter, the North area has benefitted from 2 part-time Social Inclusion Officer (SIO) hours, enabling us to work with and support 66 older people. 19 of these were new referrals which have been received this quarter. SIOs have worked with these people to develop personalised support and action plans to ensure that the support from the SIO meets their individual needs. Alongside the SIOs, there are also a team of volunteers, which has enabled some service users who are isolated but unable to get out to groups, to have access to face-to-face or telephone befriending support on a regular basis.

- 9 volunteers have provided support by befriending and supporting community groups. During this quarter, we have lost 1 volunteer due to having other commitments. There have been 164 volunteer hours this quarter.
- When delivering one to one support, we have been able to signpost service users to services such as information and advice, citizens advice, Alzheimer's society, fire service. We have also supported 4 older people to register for dial-a-ride and referred people to access lifeline pendants.
- This quarter we have received referrals from mental health team, social prescribers, information and advice, self-referrals, and family and from specialist occupational therapy.
- The Darton Wellbeing Group has been attended each month by a Tai-Chi instructor, which has enabled group members to participate in chair-based Tai-Chi.
- The Eastfield Arms Lunch with Company group has launched and has had a brilliant response, with 20 people attending the first meeting of the group. This group will continue to run fortnightly.
- This Quarter there have been 9 Facebook posts that directly related to the North Area Social Inclusion Project. They reached 19,686 people, generated 337 reactions, 40 comments and 133 shares. In addition, we released 10 posts that were boroughwide social inclusion, which reached 15,777 people and generated 334 reactions, 32 comments and 131 shares.
- Set up a new dementia café at Emmanuel Church





Changing the Relationship



Health & Wellbeing

Connecting Communities



North Area Social Inclusion Service

Case Study

Key Learning Points

Mrs H lives alone and doesn't have any family or friends.

She is registered blind and doesn't go out.

She has a cleaner that she sees once a week, but doesn't see anybody else in between.

Summary

Mrs H was referred to the Social Inclusion team, by Age UK Barnsley's Information and Advice department, following a concern about her being lonely that was raised during a phone call with i&a. Mrs H said that she doesn't want to attend groups, as she is registered blind and doesn't feel confident enough to go to groups. She had stated that she might like face to face befriending.

Who was involved:

- Social inclusion officer
- Volunteer befriender
- Information and Advice

Outcomes of Project

Mrs H is now visited 1-2 times per week by the volunteer befriender, which has increased her mood.

Background

The Age UK Barnsley's Information and Advice department referral stated that Mrs H was feeling lonely and might benefit from a face-to-face befriender. Mrs H had stated to them that she really doesn't want to go out to groups in the community as she doesn't feel confident enough at this time.

When a member of the Social Inclusion team got in touch with Mrs H, they introduced themselves and discussed the befriending service with her. She was interested in finding more information, so the SIO arranged to visit Mrs H at home. On arrival, the SIO noted that it was well kept, and Mrs H was happy at home. Mrs H discussed her current situation with the SIO and that she only sees her cleaner once a week and doesn't have any friends or family to see in between. She is also registered blind, so she isn't able to do the things she used to enjoy, such as gardening and reading. The SIO spoke with Mrs H about the home library service, which would be able to provide her with audiobooks. She was very interested in this service, and the SIO agreed to look into this service for her.

The SIO discussed the befriending service with Mrs H, and she decided that this is something that she would like to try. As there was already a volunteer befriender close by who was willing to have more than one volunteering opportunity, the SIO was able to arrange with the volunteer and Mrs H for them to meet for the first time, with the support of the SIO.

The following week, the volunteer and Mrs H met with the SIO during Mrs H's hours. This first meeting was very successful, and Mrs H was very happy with the plan that the volunteer could call in to see her and have a chat over a cup of tea a couple of times a week. The volunteer gave Mrs H her phone number so that they could organise future plans. Mrs H has been visited by the volunteer multiple times over the last couple of weeks and is very happy with the service. She said she feels so much happier to have someone to see during the week.

Any unplanned outcomes (good or bad)

SIOs are looking into the home library service and will assist Mrs H in signing up in the coming weeks.

Next Steps

SIO to keep in touch with both Mrs H and the volunteer befriender to ensure both are happy with the arrangements.



Changing the Relationship



Health & Wellbeing

Connecting Communities



Connecting Together

86

People more engaged in activities

1

New Volunteers

4

Existing Volunteers

How does the commission meets the council plan?

Our Council Plan
2021 -2024

Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible
- We have reduced inequalities in health and income across the borough

Learning Barnsley

- People have the opportunities for lifelong learning and developing new skills including access to apprenticeships.
- People have access to early help and support

- Satisfactory quarterly monitoring report and contract management meeting.
- Project milestones achieved
- Project outcome indicator targets met
- Overall project progress & achievements

Project Aims

to support individuals, especially those with long-term health conditions or disabilities, to recover from the longer-term impacts of the Covid-19 pandemic by re-connecting them with their community through the creation of a weekly hub providing opportunities for people to meet, share and learn

Building on the proven successful Happy Café model (both nationally and in the North Area), the hub will deliver a varied programme of activities and events and provide opportunities for increasing social capital through volunteering and establishing a concept of membership amongst participants.

St Helens

The monthly events have been quite a success within this ward; the latest Keep Fit session had 12 attendees who all received a demonstration,



35

People attend activities

DVDs, and an exercise band. Aimi has partnered with Ad Astra and is running fortnightly bingo sessions at New Lodge Community Centre. This is self-funded, meaning members pay to play, and the money raised pays for prizes and new bingo cards/dabbers. If the bingo carries on being a success, Aimi will look at delivering on a weekly basis. Some of the members have also shown interest in doing another keep fit session, as they missed the Get Fit Event.

Aimi has also been working with the Community Shop to work more closely, and ideas for sessions include board game sessions, first aid training, yoga and meditation. Our new Games Morning will be starting after the Easter holidays.



Changing the Relationship



Health & Wellbeing

Connecting Communities

DIAL Connection Hub



Darton West

Aimi has been running monthly sessions at Priestley Avenue Community Centre. We have a small social group up and running on Tuesday afternoons. Although this group is only small, they all attend regularly. The group recently had a visit from our Green Connections worker, Jeff, who delivered a poetry session for members. The group generally sets their own agenda for activities and enjoy a good cuppa and chat.



13

People attend activities

Darton East

Since the New Year, Aimi has been hosting a weekly social group at St. John the Evangelist Church Hall. Attendance is good. Around 12 – 14 people are attending. We arranged for the Patient Experience Team members at Barnsley Hospital to attend one of the sessions.



18

People attend activities

Old Town

Despite trying two different venues in this ward, the monthly sessions were not as successful as in other areas. The latest one was the Get Fit Session that took place in January. Aimi has continued to attend Honeywell Community Centre monthly, teaching Quilling. However, at the last session, Aimi conducted a review with the members, and they decided that March would be their last session with us as they felt they had the skills to continue on their own.



20

People attend activities

We noticed that some of the members who attend the bingo at New Lodge reside in Old Town. When asked why they travelled to venues outside their ward, they said they know many people in St Helen's ward. Aimi will speak with these members to get their thoughts on attending a group in the McLintocks building.

Connect Together

Case Study



Outcomes

- ✦ Feel less isolated
- ✦ Feels more connected to the community
- ✦ More confident
- ✦ Improved wellbeing
- ✦ Made new friends



Connect Together

- bring your community spirit alive

Before Connect Together

Mrs L is a 69-year-old lady with several health conditions for which she takes medication, including pain relief and steroids. Apart from going to the gym by herself on a regular basis Mrs L does not go anywhere else, leaving her feeling quite isolated. She feels that the lack of socialisation has impacted her confidence, self-esteem, and mental wellbeing.

Intervention

Mrs L was referred to Connect Together by Ad Astra in September 2022. She signed up to Connect Together, attended the first of DIALs crisis support sessions and received a free slow cooker. Although Mrs L did not attend the next couple of support sessions, contact was made on a regular basis to inform her of the up-and-coming sessions, find out why she wasn't attending, and see what kind of activities she would like to see in the area. From these check-ins with Mrs L, we found that she had not been attending support sessions because the themes did not interest her. We also discovered that Mrs L had enjoyed playing Bingo at one of the local community centres, but it had stopped several months earlier. Knowing this, we started providing fortnightly Bingo sessions at one of our sessions.

After Connect Together

Since the Bingo started, Mrs L has attended all the sessions and become a valuable group member. Not only does she enjoy winning, but she also enjoys checking other players' cards and congratulating them when they win. Mrs L says the Bingo session gives her something exciting to look forward to.



Changing the Relationship



Health & Wellbeing

Connecting Communities



Reds Connect

Programme Aims

- Beneficiaries have improved emotional and physical wellbeing
- Beneficiaries are connecting, interacting, and forging new friendships
- Beneficiaries are regularly participating in the activities in their local area
- Beneficiaries are adopting and maintaining more active lifestyles

- Satisfactory quarterly monitoring report and contract management meeting.
- Project milestones achieved
- Project outcome indicator targets met
- Overall project progress & achievements

Performance Narrative Report

This quarter had seen a new promotional drive being carried out to share the story of all 3 of the sessions available for residents. This promotional drive has coincided with the addition of our new Community Engagement Officer, Vikki Prendergast. Vikki has taken on the new role with initial targets of promoting the programmes across the North Area and recruiting residents to attend, engage and sustain participation. The development of these programmes has been reviewed and redesigned in order to increase participation.

To improve our regular attendance and engage new participants, we decided to change the venues we were using. We believe the new locations are more suitable for our sessions and will provide a better experience for all participants. The new facilities include:

- Exercise Session** - St Helens Church on Laithes Lane in Athersley
- Extra Time Hub** - Staincross Christian Fellowship on Spark Lane, Mapplewell
- Team Talk** - New Lodge Community Centre.

Performance Narrative Report

Despite our disappointment with the overall uptake of the project, we have noticed a number of new faces across all three strands of the programme. Vikki has been tirelessly spreading the word in the local community by placing flyers in various locations such as the church hall, local shops, Laithes Lane primary school, beauty salons in Mapplewell, and even at Roundhouse Library, where she has put up posters on tables.



Changing the Relationship



Health & Wellbeing

Connecting Communities



Reds Connect

42

Number of people adopting and maintaining healthy lifestyles

2

Number of volunteers supporting activities

Performance Narrative Report

In addition to handing out promotional material, Vikki has also been highly visible in the local area, attending the library on multiple occasions and participating in other groups, such as the knitting class. She has also attended our Fit Reds programme to get to know some of the participants and attract them to exercise sessions to continue their progress. We are hopeful that this will lead to some crossover with North area residents starting to attend.

As we try to be creative in our means of attracting north area residents to the programmes we deliver, Vikki interviewed with the Barnsley College media team to promote the programmes and wider opportunities for people to engage in positive activities. This video is due to be released in May.

We would appreciate support in further developing the opportunities. Our community engagement officer Vikki will be making contact to identify new ways of driving engagement and linking to current community groups.

Exercise Session

Despite the temporary closure of the church for renovations, Vikki has managed to attract six new attendees to the exercise session. These newcomers have been introduced to a variety of exercise activities, including cardio, circuits, and glow sticks dance, which is sure to have kept them engaged and motivated. In addition, Vikki has even used the outdoor space, further enhancing the experience for the attendees.

The session feedback has been positive from participants in attendance with the opportunities to engage in new and different activities that people had not tried before.

Extra Time Hub

The Extra Time Hub regularly attends a core group of participants. The unique aspect of the session is that it has been designed to allow the participants to shape the project as it progresses. This approach has ensured that the participants have felt involved and invested in the project and has encouraged their continued participation.

How the Area Council can support this provision?

Promote and advocate for the provision



**Changing the
Relationship**



**Health &
Wellbeing**

Connecting Communities



Reds Connect

Extra Time Hub

The current group has particularly enjoyed the light exercise and board games that have been included in the session. To keep things fresh, the group has been playing various games, with participants bringing along their own games to share with the group. This has helped to foster a sense of community and friendship among the participants.

On a couple of occasions this quarter, the group has taken the initiative to organise meals together after the end of the session. This has been a fantastic way for the participants to continue building relationships and strengthening the bonds formed during the Extra Time Hub sessions. It is clear that the project has not only been successful in promoting physical and mental wellbeing, but also in fostering a sense of social connectedness.

Team Talk

The new venue has been a refreshing change for the session, with its ample space and various activities available to attendees. Including activities such as pool, games consoles, arts and crafts, and board games has been positive with attendees.

One of the most significant advantages of the new venue is the free access to the kitchen area for refreshments. This has been greatly appreciated by attendees, as it not only provides them with opportunities for a brew but also creates a relaxed and social atmosphere where they can interact with one another and build relationships.

Despite the initial uncertainty about Vikki being the lead in this session, it has been heartening to see that participants have settled in well and feel comfortable talking to her about their issues. Vikki has built trust and rapport with attendees, which is vital in establishing a safe and supportive environment for them to receive help and support.

There was some concern about one particular participant who was initially quite withdrawn and hesitant to engage in the session. However, over time, he has gradually settled down and has been more open to engaging with others and sharing his experiences. To support him further, we provided him with information and resources. We signposted him to other avenues of help, such as the Recovery College and Samaritans, should he wish to seek further assistance.

REDS CONNECT

EXTRA TIME HUB

LOOKING TO SOCIALISE AND TAKE PART IN ACTIVITIES YOU DECIDE ON?

AT OUR EXTRA TIME HUB, IT'S YOUR TIME SO YOU DECIDE WHAT TO DO! EXERCISE, MUSIC, BOARD GAMES, OR JUST HAVING A CATCH UP AND A BREW.

**FREE TO
ATTEND**



THURSDAYS
1:30PM - 3PM

**STAINCROSS CHRISTIAN FELLOWSHIP,
CHURCH, MAPPLEWELL, S75 6AA**

FOR FURTHER INFORMATION CONTACT US ON 01226 211333
OR EMAIL COMMUNITY@BARNSLEYFC.CO.UK



@bfccommunity



@redsinthecommunity



@redsinthecommunity

REDS CONNECT EXERCISE

FREE EXERCISE SESSION FOR ALL 16+

**NORTH AREA RESIDENTS
ACTIVITIES INCLUDE CIRCUITS,
BOXING EXERCISE AND MUCH
MORE**



**COME ALONG CONNECT,
SOCIALISE AND EXERCISE!**

**TUESDAYS
5:45PM - 6:45PM**

**ST HELEN'S CHURCH, LAITHES LANE,
ATHERSLEY SOUTH, S71 3AF**

FOR FURTHER INFORMATION CONTACT US ON 01226 211333
OR EMAIL COMMUNITY@BARNSELEYFC.CO.UK

**FREE TO
ATTEND**



One regular participant has progressed through the weeks of our Team Talk provision to become a volunteer. On first engaging with our programme the participant was withdrawn and needed support to engage and communicate with others in the environment. The catalyst of change occurred during what the participant described as a very difficult two-week period in which horrible 'horrible allegations were made against me'.



Vikki and the delivery team were on hand during this time to provide support the participant with listening ears and coping strategies to not only support them during this period of time but for future experiences. The participant added ' I valued the fact I was listened to without judgement and appreciated the coping mechanisms given to help me through it'.



They participant also informed our delivery team that the sessions have become a major part in him relaxing after work and that he doesn't want the sessions to end as he enjoys the opportunities to chat and get out of the house on an evening. He explained he has found himself drinking too much at home and the session has helped him to reduce this.



Through this feeling of support and trust, the participant wanted to start supporting the sessions and the people in attendance. This led on to them supporting with the set up of activities prior to the sessions starting and tidying up the areas at the end of the sessions as well as making drinks for people to make them feel comfortable and welcomed. They now themselves feel more socially included and this has definitely been supported through them being empowered to involve themselves in the sessions more and how the team have used their skills to listen, engage and support participants.

The staff have seen a marked improvement in the participants mood and outlook and although only just beginning to volunteer and support the sessions, they have hopes of doing more. The participant added they ' want to encourage other men to attend' the programme. As well as having ideas on activities that they could do including 'trying some outdoor things now the nights are getting lighter.

We cannot wait to keep you updated on the progression of the participant and others good news stories continually being highlighted through our programmes in the North Area.



Changing the Relationship



Health & Wellbeing

Stronger Communities

Mapplewell & Staincross Greenspace & Recreation Group

Mapplewell Park Cycle Track

Programme Aims

- Increase the amount of exercise for children between 2 - 10
- Children become more confident as they develop a new skill
- The children gain a sense of ownership of their environment
- Children socialise with different children in the neighbourhood

- Satisfactory quarterly monitoring report and contract management meeting.
- Project milestones achieved
- Project outcome indicator targets met
- Overall project progress & achievements

Project Update

The bike park was opened on 21st May 2023 by three-times Olympic and six-time World Champion Ed Clancy OBE.

Project Aims

The aim of the project is to encourage children to learn to ride a bike. The benefits are improved motor skills, balance, strength, and coordination. Improved mental health and wellbeing of participants, including noted increases in confidence, self-esteem, and sense of achievement.

Training children to cycle safely - Bike ability training to encourage cycling and improve road safety.

Parental guidance and support will help children take ownership of their parks and the local area. With a sense of ownership, the park will become a focus for positive interaction. The children and parents will see that the park offers many other activities.

Having a safe and secure location to learn to ride a bike encourages children to participate in more advanced cycling. This reflects well with council policies encouraging, government policy and Bikeability Studies.

With the new cycle path from the centre of Barnsley to Darton (passing through Mapplewell), children will be able to benefit from the new resource and cycle on a purpose built cycle path, giving greater freedom in a safe environment.

Mapplewell Park Cycle Track

Mapplewell & Staincross
Greenspace & Recreation Group





Changing the Relationship



Health & Wellbeing

Stronger Communities



Strong Mums

- Satisfactory quarterly monitoring report and contract management meeting.
- Project milestones achieved
- Project outcome indicator targets met
- Overall project progress & achievements

Project Summary

Strong Mums gives women living in North Barnsley the motivation, support and encouragement to complete the Couch to the 5K programme.

Mother Runners continues to be a free club, and all our new members have commented on how important that is in the current financial climate.

The end-of-year report will be included in Quarter 4's Project Performance Report.

Programme Aims

- Improved mental and physical health of mums
- Decreasing social isolation
- Addressing financial hardship
- Encouraging mums to be active

